

*List of symptoms:*

# **Breast implant illness**

*breast*  
implant *illness*  
SVERIGE

# LIST OF SYMPTOMS OF BREAST IMPLANT ILLNESS

List of symptoms reported by BII patients. More info at [www.breastimplantillness.se](http://www.breastimplantillness.se)

- Chronic fatigue
- Chronic pain
- Cognitive dysfunction / brain fog
- Muscle pain / muscle weakness
- Joint pain
- Hair loss
- Dry skin & dry hair
- Premature aging
- Weight gain or weight loss
- Chronic inflammation
- Insomnia / sleep disturbances
- Red, dry, or irritated eyes
- Blurred vision / vision problems
- Thyroid dysfunction
- Suicidal thoughts
- Hormonal imbalance
- Decreased libido
- Slow wound healing
- Lump sensation in the throat
- Difficulty swallowing
- Breathing difficulties
- Sinus infections
- Gastrointestinal issues
- Fever / night sweats
- Sensitivity to temperature changes
- Skin rashes / skin problems
- Ringing in the ears (tinnitus)
- New food intolerances
- Headaches / migraines
- Irregular heartbeat / heart palpitations
- Flu-like symptoms
- Swollen / tender lymph nodes
- Dehydration
- Urinary issues / frequent urination
- Numbness / tingling in arms and legs
- Kidney and liver problems
- Anxiety / depression
- Leaky gut / IBS
- Feeling like you are dying
- Recurring infections
- Acid reflux / GERD
- Vertigo / balance problems

## Other symptoms:

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## Autoimmune diseases/diagnoses overrepresented in BII:

Systemic lupus erythematosus (SLE), Hashimoto's, Raynaud's syndrome, Fibromyalgia, Sjögren's syndrome, Rheumatoid arthritis (RA), Systemic sclerosis, Multiple sclerosis (MS), ME/CFS, Connective tissue disease, CMV, EBV and other viruses.

## MARK AREAS FOR A CLINICAL PATTERN

On the images below, you can mark or draw the *symptom areas* where you experience pain, skin rashes/irritation, inflammation, swollen lymph nodes, swelling, or other issues you suspect may be related to Breast implant illness. Fill this out and bring it to your doctor, along with your symptom list, to provide a clear overview of your overall condition and symptoms.

**TIP!** If you undergo explant surgery, you can print this again and mark it to document your healing journey and compare it to track any improvements.



